

Parasites: Stopping the Human Feast

by Jack Tips, ND, PhD.

parasites, and the role they cause in many diseases including cancer and multiple sclerosis. All this time, Systemic has humbly provided the finest, most effective anti-parasitic herbal supplements in the world.

Dr. Wheelwright, was a renowned parasitologist. He roamed the globe looking for answers to parasites and learned numerous secrets and techniques from the barefoot doctors of the world - those with first-hand experience in curing people of parasite problems.

More info: For those wanting more information about the parasite pandemic, its effect on human health, and what to do about it, let me refer you to the Systemic Herbology Training Program available from Apple-A-Day as well as the single cassette tape in the Systemic Programming series "Parasites and the applications of Systemic Formulas." Here is a wealth of information to help you become an expert.

One major problem for all health practitioners with the parasite issue is getting a clear diagnosis. Here are some of the testing methods and their shortcomings:

- A blood test showing elevated eosinophils could point to large, intestinal- based worms such as tapeworms, but it could also be allergies.
- A stool test is great if it catches a worm, but what if there are no worms, segments, or eggs in that particular specimen? There are many false negatives.
- Kinesiology (muscle testing) claims to diagnose parasites, but its accuracy is often challenged by people who test "negative" and then a short while later pass a worm in their stool.
- If you confirm giardia via a stool test, is it only in the bowel, or has it invaded the body? Is a fluke in the stool indicative of others in the liver?

Generally it is understood that our tests are only partially accurate. Many practitioners simply recommend that people do a parasite program "just in case." Others never recommend one because they don't know for sure.

Here is a questionnaire to help practitioners determine if they should suspect large, bowel-based parasites are a problem with a client.

Regarding this questionnaire, there are multiple causes to many of the questions, not just parasites. Parasite symptoms must be viewed as a syndrome. The more points scored the more likely a parasite is involved.

If a patient scores high on this questionnaire, you'll probably want to pursue other evaluative methods to attempt to confirm the parasites such as a stool analysis, or initiate a parasite program.

For the past two years there has been a major increase in public awareness of



PARASITE QUESTIONNAIRE

There are many causes for each symptom listed below. Assign points to each symptom and see if a pattern develops.

- A** = symptom never occurs.
B = symptom occurs occasionally.
C = symptom occurs frequently.
D = symptom occurs regularly.

	A	B	C	D
1. Restless sleep (toss, turn, wake often)	0	1	2	3
2. Skin problems, rashes, itches	0	1	2	3
3. Increased appetite, hungry after meals	0	1	2	3
4. Frequent diarrhea, loose stool	0	2	3	4
5. Grinding of teeth when asleep	0	2	4	6
6. Variable, changeable consistency of stool	0	1	2	3
7. Picking at nose, boring nose with finger	0	2	4	6
8. Abdominal pains	0	1	2	3
9. Vertical wrinkles around mouth	0	2	4	6
10. Rectal, anal itch	0	2	3	4
11. Parallel lines (tracks) in soles of feet	0	2	4	6
12. Intestinal cramps, burning	0	1	2	3
13. Irritable (no apparent reason)	0	1	2	3
14. Feel bloated, gaseous, no known cause	0	2	3	4
15. Diarrhea alternates with constipation	0	2	3	4
16. Bowel urgency, occasional accidents	0	1	2	3
17. Hyperactive tendency (nervous)	0	1	2	3
18. Dark circles under eyes	0	2	3	4
19. Need for extra sleep, wake unrefreshed	0	1	2	3
20. Allergies, food sensitivities	0	1	2	3
21. Fevers of unknown origin	0	1	2	3
22. Night sweats (not menopausal)	0	1	2	3
23. Kiss pets, allow pets to lick your face	0	2	3	4
24. Anemia	0	1	2	3
25. Frequent colds, flu, sore throats	0	1	2	3
26. Go barefoot in parks, public streets	0	2	3	4
27. Travel in 3rd world countries	0	2	4	6
28. Eat lightly cooked pork products	0	2	3	4
29. Eat sushi, sashimi	0	2	4	6
30. Sleep with pets on bed	0	2	3	4
31. Bed wetting	0	1	2	3
32. Men: sexual dysfunction	0	1	2	3
33. Forgetfulness	0	1	2	3
34. Slow reflexes	0	1	2	3
35. Loss of appetite	0	1	2	3
36. Yellowish face	0	1	2	3
37. Heart beat rapid	0	1	2	3
38. Heart pain	0	1	2	3
39. Pain in umbilicus	0	1	2	3
40. Blurry, unclear vision	0	1	2	3
41. Pain: back, thighs, shoulders	0	1	2	3
42. Lethargy, apathy	0	1	2	3
43. Numbness, tingling in hands, feet	0	1	2	3
44. Burning pains in the stomach, intestines	0	1	2	3
45. Menstrual problems	0	1	2	3
46. Dry lips during day, damp at night	0	1	2	3
47. Drooling while asleep	0	1	2	3
48. Occult blood in stool (from lab test)	0	1	2	3
49. History of giardia, pin worms, worms	0	2	3	4
50. Swim in creeks, rivers, lakes	0	1	2	3

10 - 14 points = maybe

21 - 25 points = likely (further testing helpful)

15 - 20 points = suspect parasites

25 or more = parasites involvement probable

Total _____