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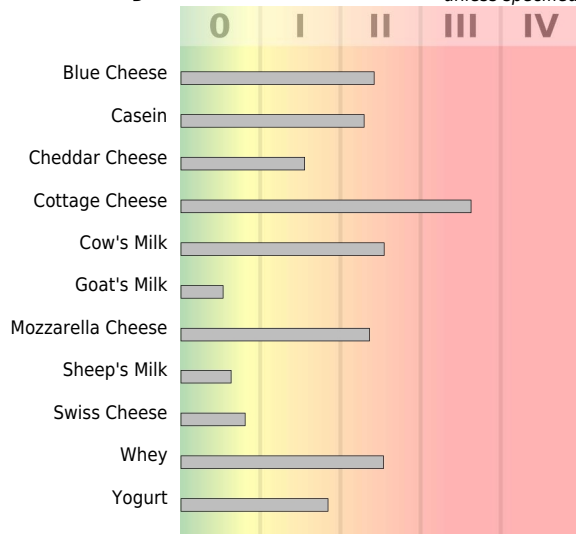
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Date of Birth:
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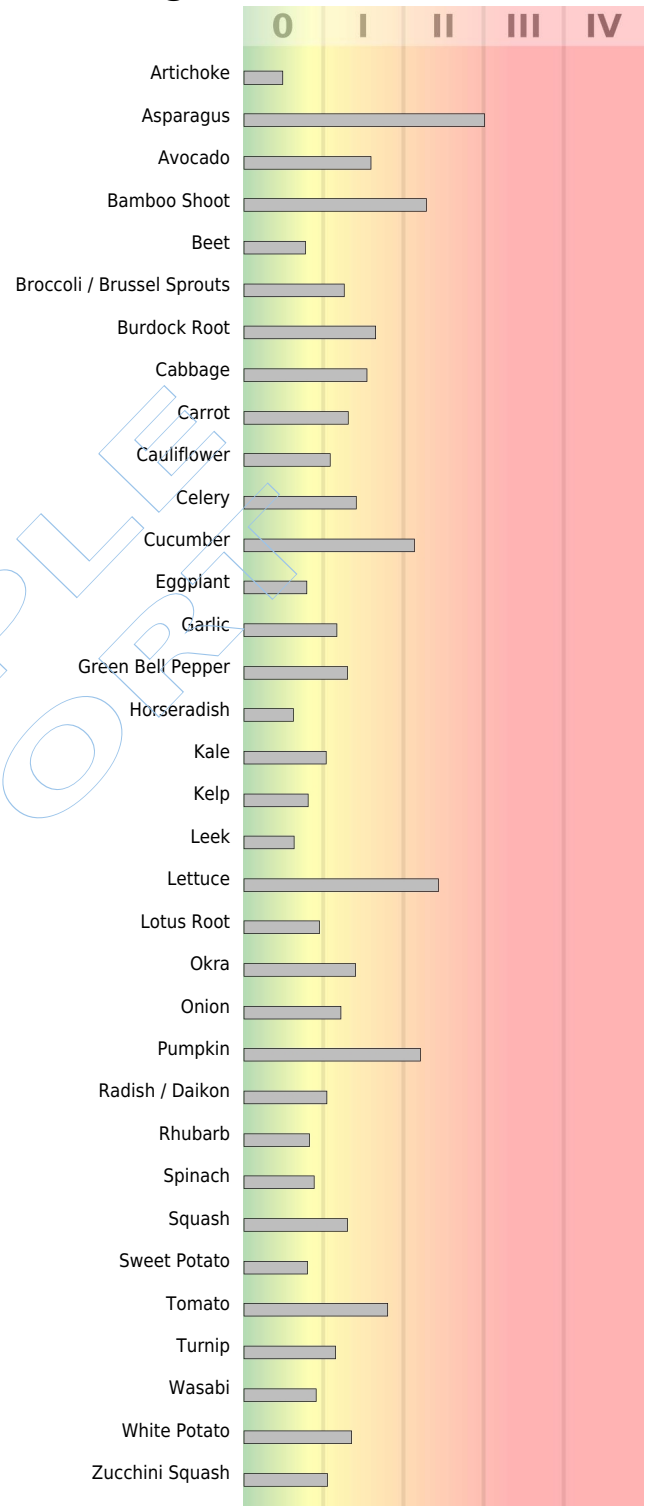
IgG 

Dairy

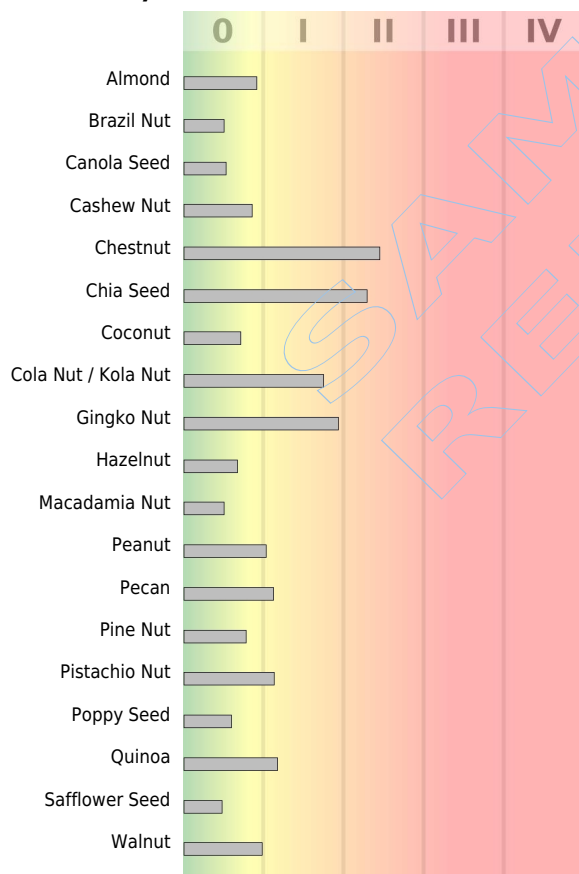
*Bovine-derived
unless specified*



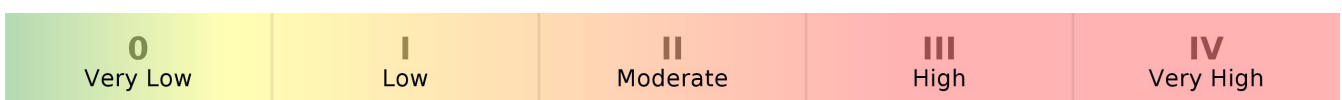
Vegetables



Nuts/Seeds



Reaction Class



Food Aligns' proprietary ELISA analyses are designed to assay specific IgG (subclasses 1, 2, 3, 4) and IgA (subclasses 1, 2) antibodies. The classification of 0 to IV denotes the level of IgG and/or IgA antibodies detected through spectrophotometric analysis. The antigens on the panel are subject to change without prior notice. Reference ranges are updated periodically. Test methodology has not been cleared or approved by the U.S. Food and Drug Administration. Not all antigens follow primary reference ranges for IgG.

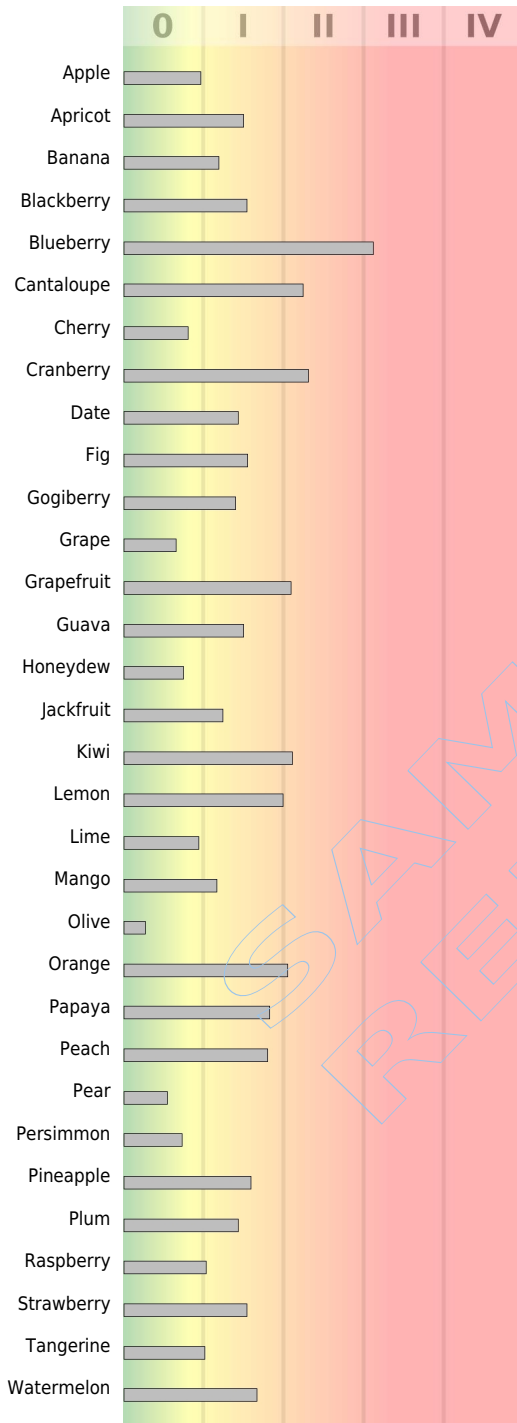
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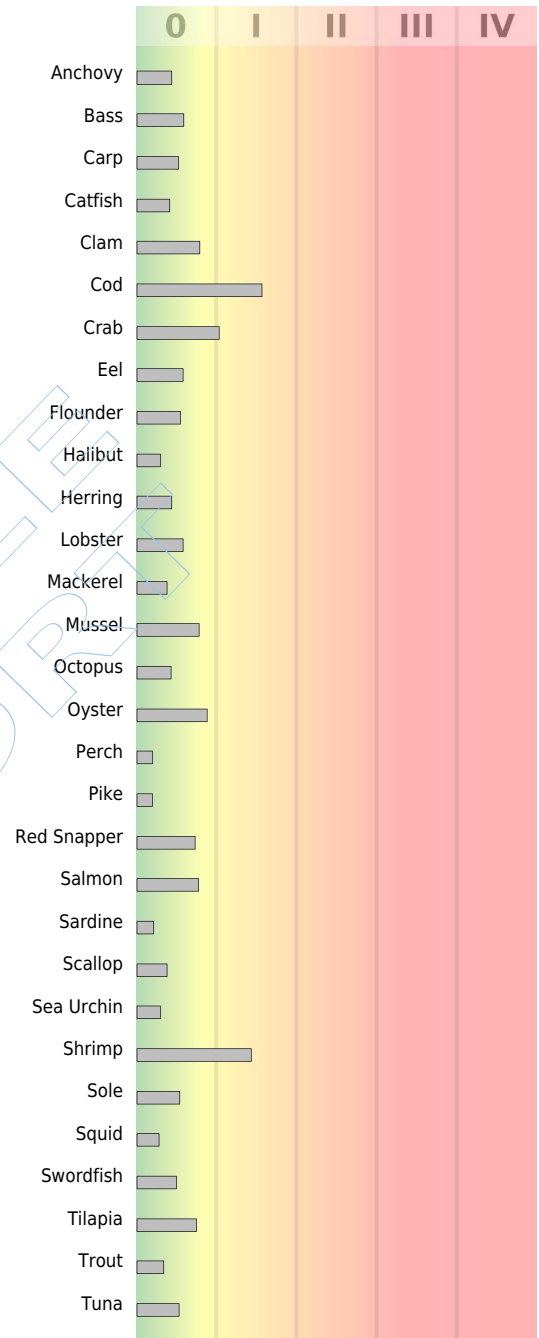
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 Completed:

IgG 

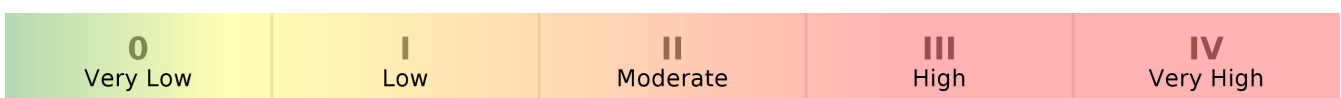
Fruits



Fish/Crustacea/Mollusk



Reaction Class



Food Aligns' proprietary ELISA analyses are designed to assay specific IgG (subclasses 1, 2, 3, 4) and IgA (subclasses 1, 2) antibodies. The classification of 0 to IV denotes the level of IgG and/or IgA antibodies detected through spectrophotometric analysis. The antigens on the panel are subject to change without prior notice. Reference ranges are updated periodically. Test methodology has not been cleared or approved by the U.S. Food and Drug Administration. Not all antigens follow primary reference ranges for IgG.

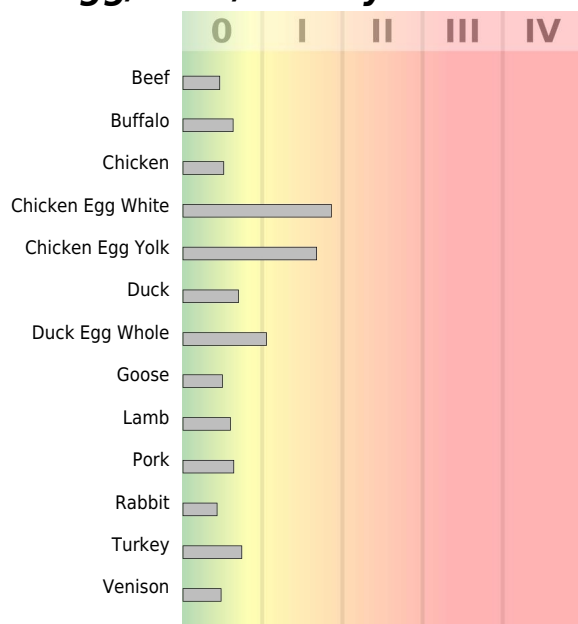
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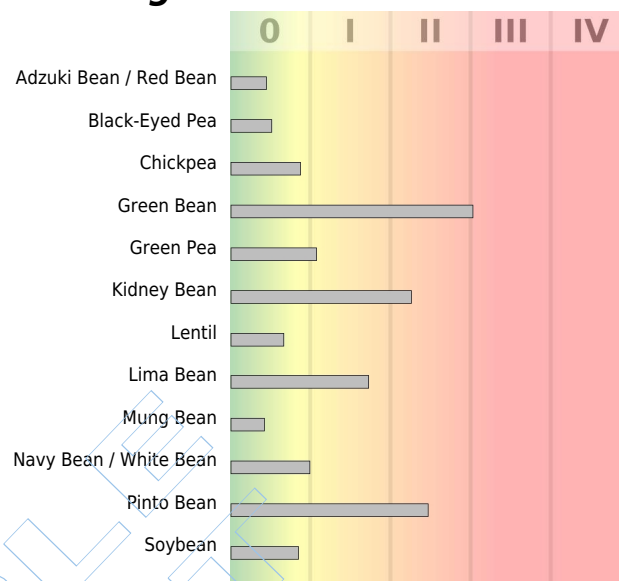
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 Completed:

IgG 

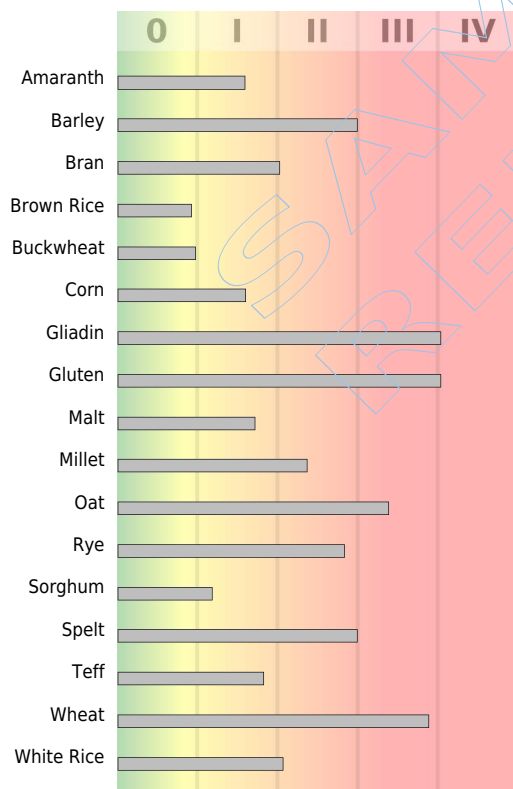
Egg/Meat/Poultry



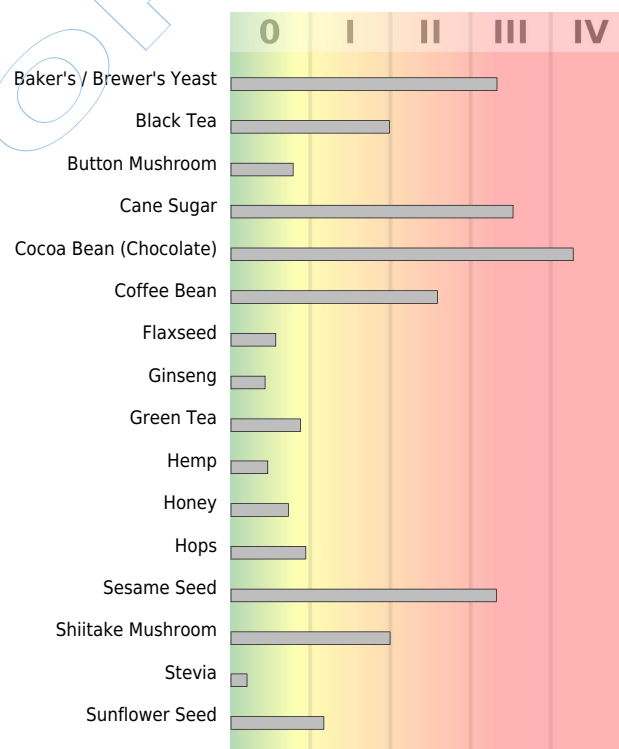
Legumes



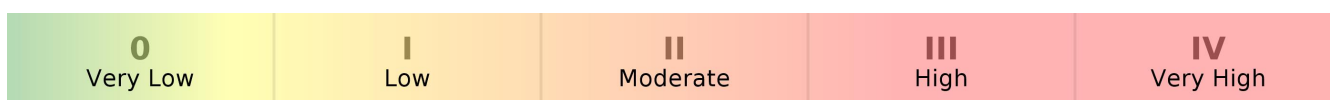
Grains



Miscellaneous



Reaction Class



Food Aligns' proprietary ELISA analyses are designed to assay specific IgG (subclasses 1, 2, 3, 4) and IgA (subclasses 1, 2) antibodies. The classification of 0 to IV denotes the level of IgG and/or IgA antibodies detected through spectrophotometric analysis. The antigens on the panel are subject to change without prior notice. Reference ranges are updated periodically. Test methodology has not been cleared or approved by the U.S. Food and Drug Administration. Not all antigens follow primary reference ranges for IgG.

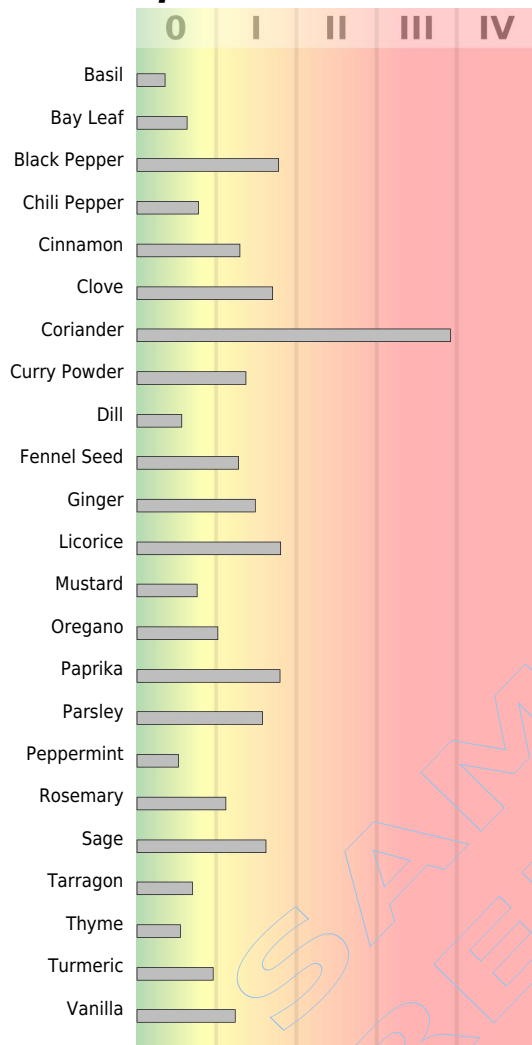
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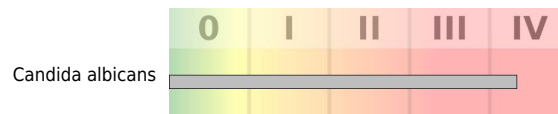
Sample Type: DBS
Date of Birth:
Completed:

IgG 

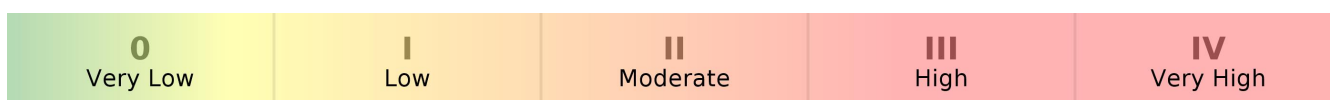
Herbs/Spices



Candida Screen



Reaction Class



Food Aligns' proprietary ELISA analyses are designed to assay specific IgG (subclasses 1, 2, 3, 4) and IgA (subclasses 1, 2) antibodies. The classification of 0 to IV denotes the level of IgG and/or IgA antibodies detected through spectrophotometric analysis. The antigens on the panel are subject to change without prior notice. Reference ranges are updated periodically. Test methodology has not been cleared or approved by the U.S. Food and Drug Administration. Not all antigens follow primary reference ranges for IgG.

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Sample Type: DBS
Date of Birth:
Completed:

IgG **Dairy**

Antigen Name	Analyte	Class	Value	Very Low Range
Blue Cheese	IgG	Moderate	6.28 mg/L	<3 mg/L
Casein	IgG	Moderate	5.88 mg/L	<3 mg/L
Cheddar Cheese	IgG	Low	4.12 mg/L	<3 mg/L
Cottage Cheese	IgG	High	13.08 mg/L	<3 mg/L
Cow's Milk	IgG	Moderate	6.17 mg/L	<2 mg/L
Goat's Milk	IgG	Very Low	1.07 mg/L	<2 mg/L
Mozzarella Cheese	IgG	Moderate	6.09 mg/L	<3 mg/L
Sheep's Milk	IgG	Very Low	1.89 mg/L	<3 mg/L
Swiss Cheese	IgG	Very Low	2.42 mg/L	<3 mg/L
Whey	IgG	Moderate	6.13 mg/L	<2 mg/L
Yogurt	IgG	Low	4.68 mg/L	<3 mg/L

Nuts/Seeds

Antigen Name	Analyte	Class	Value	Very Low Range
Almond	IgG	Very Low	2.74 mg/L	<3 mg/L
Brazil Nut	IgG	Very Low	1.75 mg/L	<3.5 mg/L
Canola Seed	IgG	Very Low	3.21 mg/L	<6 mg/L
Cashew Nut	IgG	Very Low	2.55 mg/L	<3 mg/L
Chestnut	IgG	Moderate	11.64 mg/L	<4 mg/L
Chia Seed	IgG	Moderate	11.76 mg/L	<7.5 mg/L
Coconut	IgG	Very Low	2.87 mg/L	<4 mg/L
Cola Nut / Kola Nut	IgG	Low	26.04 mg/L	<20 mg/L
Ginkgo Nut	IgG	Low	31.46 mg/L	<24 mg/L
Hazelnut	IgG	Very Low	2.71 mg/L	<4 mg/L
Macadamia Nut	IgG	Very Low	1.50 mg/L	<3 mg/L
Peanut	IgG	Low	4.15 mg/L	<4 mg/L
Pecan	IgG	Low	4.50 mg/L	<4 mg/L
Pine Nut	IgG	Very Low	2.73 mg/L	<3.5 mg/L
Pistachio Nut	IgG	Low	3.26 mg/L	<3 mg/L
Poppy Seed	IgG	Very Low	2.37 mg/L	<4 mg/L
Quinoa	IgG	Low	3.51 mg/L	<3 mg/L
Safflower Seed	IgG	Very Low	2.90 mg/L	<6 mg/L
Walnut	IgG	Very Low	4.92 mg/L	<5 mg/L

Vegetables

Antigen Name	Analyte	Class	Value	Very Low Range
Artichoke	IgG	Very Low	9.82 mg/L	<20 mg/L
Asparagus	IgG	High	16.20 mg/L	<5 mg/L
Avocado	IgG	Low	3.20 mg/L	<2 mg/L
Bamboo Shoot	IgG	Moderate	10.33 mg/L	<4 mg/L
Beet	IgG	Very Low	4.64 mg/L	<6 mg/L
Broccoli / Brussel Sprouts	IgG	Low	9.72 mg/L	<7.5 mg/L
Burdock Root	IgG	Low	24.58 mg/L	<18 mg/L
Cabbage	IgG	Low	5.96 mg/L	<3.5 mg/L
Carrot	IgG	Low	5.26 mg/L	<4 mg/L
Cauliflower	IgG	Low	3.16 mg/L	<3 mg/L
Celery	IgG	Low	5.67 mg/L	<4 mg/L
Cucumber	IgG	Moderate	6.57 mg/L	<3 mg/L
Eggplant	IgG	Very Low	6.39 mg/L	<8 mg/L
Garlic	IgG	Low	6.70 mg/L	<6 mg/L
Green Bell Pepper	IgG	Low	5.20 mg/L	<4 mg/L
Horseradish	IgG	Very Low	4.65 mg/L	<7.5 mg/L
Kale	IgG	Low	4.16 mg/L	<4 mg/L
Kelp	IgG	Very Low	16.31 mg/L	<20 mg/L
Leek	IgG	Very Low	2.53 mg/L	<4 mg/L
Lettuce	IgG	Moderate	10.42 mg/L	<3.5 mg/L
Lotus Root	IgG	Very Low	9.53 mg/L	<10 mg/L
Okra	IgG	Low	7.02 mg/L	<5 mg/L
Onion	IgG	Low	4.07 mg/L	<3.5 mg/L
Pumpkin	IgG	Moderate	7.33 mg/L	<3 mg/L

Vegetables (Continued)

Antigen Name	Analyte	Class	Value	Very Low Range
Radish / Daikon	IgG	Low	4.18 mg/L	<4 mg/L
Rhubarb	IgG	Very Low	1.64 mg/L	<2 mg/L
Spinach	IgG	Very Low	3.10 mg/L	<3.5 mg/L
Squash	IgG	Low	5.24 mg/L	<4 mg/L
Sweet Potato	IgG	Very Low	5.66 mg/L	<7 mg/L
Tomato	IgG	Low	4.57 mg/L	<2.8 mg/L
Turnip	IgG	Low	4.61 mg/L	<4 mg/L
Wasabi	IgG	Very Low	5.95 mg/L	<6.5 mg/L
White Potato	IgG	Low	6.07 mg/L	<5 mg/L
Zucchini Squash	IgG	Low	4.22 mg/L	<4 mg/L

Fruits

Antigen Name	Analyte	Class	Value	Very Low Range
Apple	IgG	Very Low	4.83 mg/L	<5 mg/L
Apricot	IgG	Low	3.00 mg/L	<2 mg/L
Banana	IgG	Low	4.78 mg/L	<4 mg/L
Blackberry	IgG	Low	4.10 mg/L	<3 mg/L
Blueberry	IgG	High	18.03 mg/L	<8 mg/L
Cantaloupe	IgG	Moderate	19.90 mg/L	<12 mg/L
Cherry	IgG	Very Low	4.04 mg/L	<5 mg/L
Cranberry	IgG	Moderate	8.45 mg/L	<2.8 mg/L
Date	IgG	Low	7.17 mg/L	<5 mg/L
Fig	IgG	Low	12.77 mg/L	<10 mg/L
Gogiberry	IgG	Low	5.61 mg/L	<4 mg/L
Grape	IgG	Very Low	3.26 mg/L	<5 mg/L
Grapefruit	IgG	Moderate	6.10 mg/L	<3 mg/L
Guava	IgG	Low	6.02 mg/L	<4 mg/L
Honeydew	IgG	Very Low	2.96 mg/L	<4 mg/L
Jackfruit	IgG	Low	4.12 mg/L	<3.5 mg/L
Kiwi	IgG	Moderate	10.69 mg/L	<5 mg/L
Lemon	IgG	Low	5.98 mg/L	<3.5 mg/L
Lime	IgG	Very Low	3.76 mg/L	<4 mg/L
Mango	IgG	Low	3.48 mg/L	<3 mg/L
Olive	IgG	Very Low	0.54 mg/L	<2 mg/L
Orange	IgG	Moderate	5.63 mg/L	<3 mg/L
Papaya	IgG	Low	7.30 mg/L	<4 mg/L
Peach	IgG	Low	5.52 mg/L	<3.5 mg/L
Pear	IgG	Very Low	1.08 mg/L	<2 mg/L
Persimmon	IgG	Very Low	2.58 mg/L	<3.5 mg/L
Pineapple	IgG	Low	12.75 mg/L	<8 mg/L
Plum	IgG	Low	4.43 mg/L	<3.2 mg/L
Raspberry	IgG	Low	4.12 mg/L	<4 mg/L
Strawberry	IgG	Low	5.74 mg/L	<3 mg/L
Tangerine	IgG	Low	3.03 mg/L	<3 mg/L
Watermelon	IgG	Low	6.66 mg/L	<4 mg/L

Fish/Crustacea/Mollusk

Antigen Name	Analyte	Class	Value	Very Low Range
Anchovy	IgG	Very Low	0.89 mg/L	<2 mg/L
Bass	IgG	Very Low	1.18 mg/L	<2 mg/L
Carp	IgG	Very Low	1.05 mg/L	<2 mg/L
Catfish	IgG	Very Low	1.25 mg/L	<3 mg/L
Clam	IgG	Very Low	1.99 mg/L	<2.5 mg/L
Cod	IgG	Low	4.15 mg/L	<3 mg/L
Crab	IgG	Low	3.06 mg/L	<3 mg/L
Eel	IgG	Very Low	1.76 mg/L	<3 mg/L
Flounder	IgG	Very Low	1.37 mg/L	<2.5 mg/L
Halibut	IgG	Very Low	0.60 mg/L	<2 mg/L
Herring	IgG	Very Low	0.89 mg/L	<2 mg/L
Lobster	IgG	Very Low	2.34 mg/L	<4 mg/L

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Completed:

IgG 

Fish/Crustacea/Mollusk (Continued)

Antigen Name	Analyte	Class	Value	Very Low Range
Mackerel	IgG	Very Low	1.54 mg/L	<4 mg/L
Mussel	IgG	Very Low	2.19 mg/L	<2.8 mg/L
Octopus	IgG	Very Low	1.31 mg/L	<3 mg/L
Oyster	IgG	Very Low	14.19 mg/L	<16 mg/L
Perch	IgG	Very Low	0.81 mg/L	<4 mg/L
Pike	IgG	Very Low	1.44 mg/L	<8 mg/L
Red Snapper	IgG	Very Low	1.46 mg/L	<2 mg/L
Salmon	IgG	Very Low	2.33 mg/L	<3 mg/L
Sardine	IgG	Very Low	0.42 mg/L	<2 mg/L
Scallop	IgG	Very Low	1.16 mg/L	<3 mg/L
Sea Urchin	IgG	Very Low	0.92 mg/L	<3 mg/L
Shrimp	IgG	Low	3.58 mg/L	<2.5 mg/L
Sole	IgG	Very Low	1.35 mg/L	<2.5 mg/L
Squid	IgG	Very Low	1.14 mg/L	<4 mg/L
Swordfish	IgG	Very Low	1.52 mg/L	<3 mg/L
Tilapia	IgG	Very Low	1.51 mg/L	<2 mg/L
Trout	IgG	Very Low	0.85 mg/L	<2.5 mg/L
Tuna	IgG	Very Low	2.69 mg/L	<5 mg/L

Egg/Meat/Poultry

Antigen Name	Analyte	Class	Value	Very Low Range
Beef	IgG	Very Low	1.38 mg/L	<3 mg/L
Buffalo	IgG	Very Low	1.27 mg/L	<2 mg/L
Chicken	IgG	Very Low	2.06 mg/L	<4 mg/L
Chicken Egg White	IgG	Low	6.53 mg/L	<3.5 mg/L
Chicken Egg Yolk	IgG	Low	4.37 mg/L	<3 mg/L
Duck	IgG	Very Low	1.40 mg/L	<2 mg/L
Duck Egg Whole	IgG	Low	2.92 mg/L	<2.8 mg/L
Goose	IgG	Very Low	1.52 mg/L	<3 mg/L
Lamb	IgG	Very Low	1.82 mg/L	<3 mg/L
Pork	IgG	Very Low	1.92 mg/L	<3 mg/L
Rabbit	IgG	Very Low	1.29 mg/L	<3 mg/L
Turkey	IgG	Very Low	2.23 mg/L	<3 mg/L
Venison	IgG	Very Low	0.96 mg/L	<2 mg/L

Grains

Antigen Name	Analyte	Class	Value	Very Low Range
Amaranth	IgG	Low	6.37 mg/L	<4 mg/L
Barley	IgG	High	8.01 mg/L	<3 mg/L
Bran	IgG	Moderate	10.21 mg/L	<6.5 mg/L
Brown Rice	IgG	Very Low	3.68 mg/L	<4 mg/L
Buckwheat	IgG	Very Low	2.91 mg/L	<3 mg/L
Corn	IgG	Low	6.43 mg/L	<4 mg/L
Gliadin	IgG	Very High	19.80 mg/L	<3.5 mg/L
Gluten	IgG	Very High	19.90 mg/L	<3.5 mg/L
Malt	IgG	Low	6.92 mg/L	<4 mg/L
Millet	IgG	Moderate	9.51 mg/L	<4 mg/L
Oat	IgG	High	12.37 mg/L	<4 mg/L
Rye	IgG	Moderate	14.79 mg/L	<4 mg/L
Sorghum	IgG	Low	6.75 mg/L	<6 mg/L
Spelt	IgG	High	16.01 mg/L	<6 mg/L
Teff	IgG	Low	7.52 mg/L	<5 mg/L
Wheat	IgG	High	15.36 mg/L	<3.5 mg/L
White Rice	IgG	Moderate	6.29 mg/L	<3.5 mg/L

Legumes

Antigen Name	Analyte	Class	Value	Very Low Range
Adzuki Bean / Red Bean	IgG	Very Low	1.78 mg/L	<4 mg/L
Black-Eyed Pea	IgG	Very Low	2.07 mg/L	<4 mg/L
Chickpea	IgG	Very Low	2.61 mg/L	<3 mg/L

Legumes (Continued)

Antigen Name	Analyte	Class	Value	Very Low Range
Green Bean	IgG	High	16.52 mg/L	<8 mg/L
Green Pea	IgG	Low	3.14 mg/L	<3 mg/L
Kidney Bean	IgG	Moderate	13.08 mg/L	<8 mg/L
Lentil	IgG	Very Low	2.66 mg/L	<4 mg/L
Lima Bean	IgG	Low	4.46 mg/L	<3 mg/L
Mung Bean	IgG	Very Low	1.68 mg/L	<4 mg/L
Navy Bean / White Bean	IgG	Very Low	9.99 mg/L	<10 mg/L
Pinto Bean	IgG	Moderate	11.77 mg/L	<4 mg/L
Soybean	IgG	Very Low	2.52 mg/L	<3 mg/L

Miscellaneous

Antigen Name	Analyte	Class	Value	Very Low Range
Baker's / Brewer's Yeast	IgG	High	21.43 mg/L	<3.5 mg/L
Black Tea	IgG	Low	9.96 mg/L	<6 mg/L
Button Mushroom	IgG	Very Low	6.31 mg/L	<8 mg/L
Cane Sugar	IgG	High	40.50 mg/L	<12 mg/L
Cocoa Bean (Chocolate)	IgG	Very High	62.81 mg/L	<24 mg/L
Coffee Bean	IgG	Moderate	14.36 mg/L	<8 mg/L
Flaxseed	IgG	Very Low	1.70 mg/L	<3 mg/L
Ginseng	IgG	Very Low	1.74 mg/L	<4 mg/L
Green Tea	IgG	Very Low	14.02 mg/L	<16 mg/L
Hemp	IgG	Very Low	3.72 mg/L	<8 mg/L
Honey	IgG	Very Low	2.88 mg/L	<4 mg/L
Hops	IgG	Very Low	9.46 mg/L	<10 mg/L
Sesame Seed	IgG	High	21.23 mg/L	<8 mg/L
Shiitake Mushroom	IgG	Low	23.95 mg/L	<15 mg/L
Stevia	IgG	Very Low	0.76 mg/L	<4 mg/L
Sunflower Seed	IgG	Low	3.91 mg/L	<3.5 mg/L

Herbs/Spices

Antigen Name	Analyte	Class	Value	Very Low Range
Basil	IgG	Very Low	7.85 mg/L	<22 mg/L
Bay Leaf	IgG	Very Low	4.76 mg/L	<7.5 mg/L
Black Pepper	IgG	Low	18.86 mg/L	<15 mg/L
Chili Pepper	IgG	Very Low	2.33 mg/L	<3 mg/L
Cinnamon	IgG	Low	10.39 mg/L	<8 mg/L
Clove	IgG	Low	29.64 mg/L	<24 mg/L
Coriander	IgG	High	31.41 mg/L	<12 mg/L
Curry Powder	IgG	Low	6.82 mg/L	<5 mg/L
Dill	IgG	Very Low	4.54 mg/L	<8 mg/L
Fennel Seed	IgG	Low	5.10 mg/L	<4 mg/L
Ginger	IgG	Low	13.94 mg/L	<12 mg/L
Licorice	IgG	Low	11.13 mg/L	<7.5 mg/L
Mustard	IgG	Very Low	3.75 mg/L	<5 mg/L
Oregano	IgG	Low	6.03 mg/L	<6 mg/L
Paprika	IgG	Low	7.17 mg/L	<4 mg/L
Parsley	IgG	Low	7.88 mg/L	<5 mg/L
Peppermint	IgG	Very Low	7.92 mg/L	<15 mg/L
Rosemary	IgG	Low	6.90 mg/L	<6.5 mg/L
Sage	IgG	Low	10.44 mg/L	<8 mg/L
Tarragon	IgG	Very Low	5.59 mg/L	<8 mg/L
Thyme	IgG	Very Low	6.50 mg/L	<12 mg/L
Turmeric	IgG	Very Low	7.66 mg/L	<8 mg/L
Vanilla	IgG	Low	17.10 mg/L	<15 mg/L

Candida Screen

Antigen Name	Analyte	Class	Value	Very Low Range
Candida albicans	IgG	Very High	73.98 mg/L	<25 mg/L